comfort zone:
noun: comfort zone;
a situation where one feels safe or at ease.
a settled method of working that requires little effort and yields only barely acceptable results.
"if you stay within your comfort zone you will never improve"
Rom 12:1 I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.
Gal 5:1  Stand fast therefore in the liberty (freedom) wherewith Christ hath made us free, and be not entangled again with the yoke of bondage.
Gal 5:13-16  For, brethren, ye have been called unto liberty; only use not liberty for an occasion to the flesh, but by love serve one another. (14) For all the law is fulfilled in one word, even in this; Thou shalt love thy neighbour as thyself. (15) But if ye bite and devour one another, take heed that ye be not consumed one of another. (16) This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh.
2 Cor 11:24-28 Five times I received forty stripes minus one from the Jews. (25) I was flogged three times; I was stoned once; I was shipwrecked three times; I have spent a night and a day in the deep. (26) I have been in travels often, in dangers of rivers, in dangers of robbers, in dangers from my race, in dangers from the nations, in dangers in the city, in dangers in a wilderness, in dangers in the sea, in dangers among false brothers, (27) in hardship and toil, often in watchings, in hunger and thirst, often in fastings, in cold and nakedness, (28) besides the things outside conspiring against me day by day, the care of all the assemblies.
Mat 14:28-31  And Peter answered Him and said, "Lord, if it is You, command me to come to You on the water." (29) So He said, "Come." And when Peter had come down out of the boat, he walked on the water to go to Jesus. (30) But when he saw that the wind was boisterous, he was afraid; and beginning to sink he cried out, saying, "Lord, save me!" (31) And immediately Jesus stretched out His hand and caught him, and said to him, "O you of little faith, why did you doubt?"
Mat 16:24 Then said Jesus unto his disciples, If any man will come after me, let him deny himself, and take up his cross, and follow me.
Isa 55:8-9  For My thoughts are not your thoughts, nor your ways My ways, says Jehovah. (9) For as the heavens are higher than the earth, so are My ways higher than your ways, and My thoughts than your thoughts.